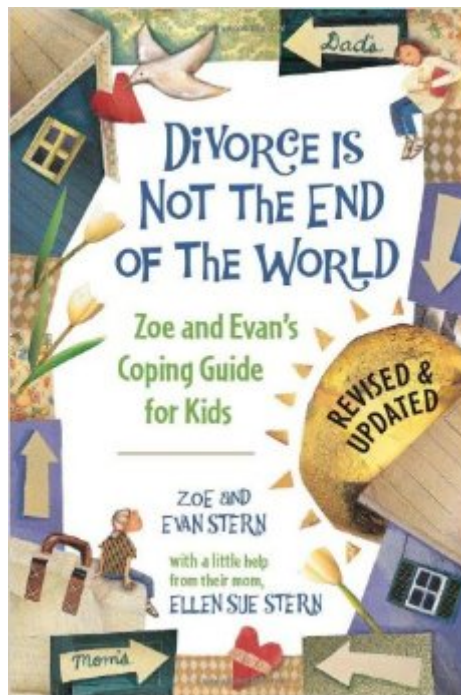


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# Divorce Is Not The End Of The World: Zoe's And Evan's Coping Guide For Kids



## Synopsis

"An upbeat look at the ways in which, with the right support, kids of divorce can grow stronger and more able to navigate life's storms. I recommend this kid-friendly, parent-helpful resource." --M. Gary Neumann, LHMC, *Helping Your Kids Cope With Divorce the SandcastlesÂ Way* Zoe and Evan Stern know firsthand how it feels when your parents divorce. When their parents split they knew their lives would change but they didn't know how. A few years later, when they were 15 and 13 years old, they decided to share their experience in this positive and practical guide for kids. With some help from their mom, Zoe and Evan write about topics like guilt, anger, fear, adjusting to different rules in different houses, dealing with special occasions like birthdays, adapting to stepparents and blended families, and much more. Including updates from grown-up Zoe and Evan 10 years later, this honest guide will reassure children of divorce that, though it may seem it sometimes, it's not the end of the world. Â Â Â Â ¢Â Advice for kids-by kids-about divorce. Â Â Â Â ¢Â More than 28,000 copies sold. Â Â Â Â ¢Â Revised edition includes "looking back" updates from Zoe and Evan.

## Book Information

Paperback: 112 pages

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Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ Â See all reviewsÂ (27 customer reviews)

Best Sellers Rank: #12,066 in Books (See Top 100 in Books) #11 inÂ Books > Children's Books > Growing Up & Facts of Life > Family Life > Marriage & Divorce #61 inÂ Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Social Skills #3704 inÂ Books > Reference

Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

This short book is pretty good for helping kids between 9 and 15, say, cope with separation and divorce. It's written by two (obviously unusually literate and relationship-savvy) kids, and their mom,

who has written other books on related subjects. It discusses feelings of guilt, anger, managing belongings between two houses, planning birthdays and other events, avoiding manipulation by parents, sharing your thoughts with friends and parents, finding the bright side of a sad situation, dealing with parents' boyfriends/girlfriends, with step-parents, and with step-siblings. The book focuses on kids in the age range stated, so it wouldn't be as much help for much younger kids or for adult kids. It also assumes for the most part that the parents are communicating with each other and able to cooperate. The book is more concise and direct (less psychobabble) than many adult-oriented self-help books, and certainly much more incisive than the small-child-oriented books such as "Dinosaur's Divorce". It's short enough that you can read it cover to cover in the bookstore, as I did :-).

This book was recommended during my co-parenting class. I bought it for my then 10 year old son, he read the entire book and found a lot of helpful information. I appreciated hearing a kid's point of view regarding many of my concerns. The ideas definitely shaped how I deal with my son. It's now 18 months after the divorce and my son is settled into having 2 homes and two families. He's recommending the book to his friends going through the same experience. I'm buying another copy because I need one to share with friends.

Divorce is Not the End of the World, now in paperback, is a revised and updated edition of the 1997 version. With almost half of the marriages in the United States ending in divorce, a lot of kids are impacted. Even if some children have not personally experienced divorce in their family, they most assuredly know kids who have. This is a difficult situation and Zoe and Evan Stern's book can provide some helpful information that is practical and thought-provoking. The added advantage of the Sterns' book is that their mother, Ellen Sue Stern, weighs in with information and answers. Together the three Sterns offer kids some guidance, encouragement and the knowledge that they are not alone, that their questions are normal, the feelings they are experiencing are okay and that divorce is difficult, but it is not the end of the world. *Armchair Interviews* says: A practical guide for teens and pre-teens from kids who have gone through divorce themselves.

I bought this, and several other books on divorce, to share with my 11 year old son and 8 year old daughter. Although we went through the divorce process several years ago my children were younger and didn't have the questions and concerns they seem to have now. They have also had to adjust to their father's new wife and children. I had noticed recently that they seemed to really be

struggling with a lot of new feelings. This book addressed a lot of these feelings and gave great insight from both a child's perspective and a mother's perspective. Some of the chapters that hit home with my children were "Where I'd rather live: If you wish you could change your living situation", "Nobody asked my opinion: If you are mad, sad, or scared" and "I don't want another sister: If you have to deal with blended families". Throughout the book there are real life examples of kids questions and great answers by the authors. There are also "quick tips" and other useful tidbits my children really related to. All in all this is one great book among many, but it made a difference in our lives. Thank you Zoe, Evan and Ellen Sue Stern!

An excellent read for a tween whose parents were going through a divorce. Written by kids the age of the tween it was bought for, it acknowledges real-world feelings. Instead of telling the reader that "everything is okay and going to be peachy" it provides them an outlet to privately work out negative emotions, scary emotions, all the while telling them that these feelings are okay and that they will recover and get through it. It is an interactive book and is designed for the tween to go through it at their own pace. It's written in their language (not using PhD-level psych words) so they can understand and relate. It helped the reader to ask different types of questions and explore their feelings deeper instead of trying to shut down and hide their feelings.

Divorce is Not the End of the World: Zoe and Evan's Coping Guide for Kids This book provided the right amount of information for my boys to read when they felt it necessary. It also allowed them to ask questions and process the whole divorce issue.

This is a book that is written by kids, for kids. I bought it for my kids and liked it so much I started using it in my work as a social worker.

This is a real life and wonderful book for kids who's parents are going through a divorce..reading this could comfort a child helping them realize that they are not alone in their feelings.

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